



NUTRITION FACTS

Menu Item	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbo-hydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Proteins	Allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy
ROLLER GRILL ITEMS														
Cheesy Buffalo Ranch Chicken Roller Bite	1 Roller Bite (82g)	180	60	7	2.5	0	30	850	15	<1	2	0	14	Milk, Soy, Wheat
Monterey Jack Chicken Roller Bite	1 Roller Bite (82g)	180	80	9	3	0	35	550	13	0	1	0	14	Milk, Soy, Wheat
Corn Dough Dog	1 Corn Dog (76g)	200	160	11	3	0	35	450	21	0	7	0	4	Milk, Soy, Egg, Wheat
Jimmy Dean Breakfast Link	1 Breakfast Link (76g)	330	280	31	11	0	45	300	4	0	1	1	13	Milk, Soy, Wheat
Jalapeno & Cheddar Dog	1 Jalapeno & Cheddar Dog (90.7g)	190	210	15	5	0	50	520	2	0	1	0	11	Milk
Pork Tamale	1 Tamale (85g)	163	85	8	2	0	17	400	15	2	1	<1	8	Soy
Pork and Veggie Egg Roll	1 Egg Roll (85g)	180	80	9	2.5	0	15	590	19	2	3	1	7	Egg, Wheat, Soy, Fish
Southwest Chicken Tornado	1 Tornado (85g)	170		6	1.5	0	10	330	24	1	1	0	6	Wheat, Soy, Milk
Steak and Cheese Tornado	1 Tornado (85g)	180		6	1.5	0	10	340	24	1	1	8	8	Wheat, Soy, Milk
Nathan's Hot Dog	1 Hot Dog (91g)	280	220	25	10	1	55	1000	2	0	0	0	11	N/A
White Hot Dog Bun	1 Bun (43g)	120	10	2	0	0	0	200	23	<1	2	2	4	Wheat, Soy, Milk
Boiled Peanuts- Original	16 oz (136g)	110	60	7	1	0	0	250	7	0	0	<1	5	Peanuts
Boiled Peanuts -Original	32oz (272g)	220	120	14	2	0	0	500	14	0	0	<1	10	Peanuts
Boiled Peanuts- Cajun	16 oz (136g)	70	40	4.5	0.5	0	0	230	5	2	1	<1	3	Peanuts
Boiled Peanuts- Cajun	32oz (272)	140	80	9	1	0	0	460	10	4	2	<1	6	Peanuts
Cup Nacho Gehl's Cheese	1/4 Cup (62g)	80	45	5	2.5	0	0	490	7	0	4	0	1	Milk
Cup Nacho Gehl's Chili	1/4 Cup (63g)	60	25	3	1.5	0	0	550	6	0	1	0	3	Soy
Tortilla Chips	3oz Bag (28g)	140	60	6	1	0	0	130	19	2	0	0	2	N/A
Johnsonville Ultimate Cheddar Beer Brat	1 Link (91g)	330	250	28	10	0	60	1000	5	0	1	<1	13	Milk
HOT BAR/HOT CASE ITEMS														
Chicken Empanada	1 Empanada (85g)	200	72	8	4	0	20	420	22	1	<1	0	9	Milk, Wheat
Beef Empanada	1 Empanada (85g)	220	100	11	3	0	15	510	22	2	2	1	8	Milk, Wheat
Hash Brown	1 Hashbrown (63g)	130	70	7	0.5	0	0	240	15	2	0	0	1	N/A
Jalapeno Cheese Kolache	1 Kolache (113g)	310	0	14	4	0	40	600	31	1	6	3	14	Eggs, Milk, Soy, Wheat
Cheeseburger	1 Cheeseburger (116g)	530	320	38	17.5	2	105	810	27	1	3	-	24	Milk, Soy, Wheat
Bacon Double Cheeseburger	1 Bacon Double Cheeseburger (279g)	1090	770	89	10	0	240	1230	29	1	3	-	47	Milk, Soy, Wheat
Chicken Sandwich	1 Chicken Sandwich (142g)	310	35	7	1	0	40	1100	41	1	5	-	19	Soy, Wheat
Ham, Egg & Cheese Croissant	1 Ham Egg & Cheese Sandwich (132g)	580	160	37	15	0	359	1010	26	1	6	-	36	Egg, Milk, Soy, Wheat
Sausage Egg & Cheese Biscuit	1 Sausage Egg and Cheese Biscuit (179g)	620	400	37	16	0	110	1460	35	1	2	-	16	Egg, Milk, Soy, Wheat



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HOT BAR/HOT CASE ITEMS														
Bacon, Egg & Cheese Croissant	1 Bacon Egg and Cheese Croissant (110g)	493	140	35	15	0	316	1130	25	1	5	-	21	Egg, Milk, Soy, Wheat, Tree Nuts
BigTrac Double Sausage, Egg & Cheese Croissant	1 BigTrac Double Sausage Egg and Cheese Croissant (206g)	740		59	22	0	160	1190	24	0	4	-	17	Egg, Milk, Soy, Wheat, Tree Nuts
Sausage, Egg & Cheese Taco	1 Sausage Egg and Cheese Taco (117g)	370	260	29	11	0	165	730	17	0	1	-	12	Egg, Milk, Soy, Wheat
Beef & Cheese Burrito	1 burrito	540	260	23	9	1	55	1390	58	3	2	0	23	Milk, Soy, Wheat
Chorizo con Papas, Egg & Cheese Burrito	1 burrito	370	230	17	5	0	165	730	37	2	1	0	17	Egg, Milk, Soy, Wheat
Meatlover's Breakfast Burrito	1 burrito	440	250	21	7	0	225	1160	38	1	1	0	24	Egg, Milk, Wheat
Southwestern Chicken Burrito	1 burrito	440	200	11	2.5	0	25	1050	65	3	2	0	19	Milk, Soy, Wheat
Pepperoni Pizza Slice	1 Pepperoni Pizza Slice (147g)	390	150	16	8	0	30	1050	47	0	3	-	15	Egg, Milk, Soy, Wheat
Cheese Pizza Slice	1 Cheese Pizza Slice (136g)	330	100	11	6	0	20	840	47	0	3	-	13	Egg, Milk, Soy, Wheat
Buffalo Chicken Tender Pizza Slice	1 Buffalo Chicken Tender Pizza Slice (187g)	500		21	10	0	35	1390	55	0	2	-	22	Egg, Milk, Soy, Wheat
Buffalo Chicken Pizza made with Texas Pete® Buffalo Wing Sauce	1 Buffalo Chicken Pizza Slice (179g)	450		17	9	0	45	1280	53	0	2	-	22	Egg, Milk, Soy, Wheat
Breakfast Pizza	1 Breakfast Pizza Slice (156g)	380		16	8	0	70	880	42	0	3	-	17	Egg, Milk, Soy, Wheat
Pepperoni & SSG Pizza	1 Pepperoni and Sausage Pizza Slice (155g)	410	160	18	9	0	35	840	48	0	3	-	16	Egg, Milk, Soy, Wheat
Soft Pretzel (with salt)	1 Soft Pretzel (78g)	430	30	7	3	0	0	1240	76	1	10	4	14	Wheat, Soy
Stuffed Pizza Wedge	1 stuffed pizza wedge (142g)	390	210	23	8	0	35	620	31	1	2	0	14	Milk, Soy, Wheat

FRIED ITEMS														
1 Chicken Tender	1 tender (88g)	210		13	2	0	30	630	7	0	0	-	14	Egg, Milk, Soy, Wheat
3 piece Chicken Tenders	3 tenders (263g)	620	550	40	7	0	90	1850	20	0	0	-	41	Egg, Milk, Soy, Wheat
5 piece Chicken Tenders	5 tenders (404g)	1040		67	11	0	145	3080	36	0	0	-	67	Egg, Milk, Soy, Wheat
7 piece Chicken Tenders	7 tenders (719g)	2010		131	23	0	245	4130	126	0	0	-	84	Egg, Milk, Soy, Wheat
1 Buffalo Chicken Tender	1 tender (98g)	210		14	2.5	0	30	700	8	0	0	-	14	Egg, Milk, Soy, Wheat
3 piece Buffalo Chicken Tenders	3 tenders (300g)	650	390	43	7	0	90	2130	23	0	0	-	41	Egg, Milk, Soy, Wheat
5 piece Buffalo Chicken Tenders	5 tenders (500g)	1090		71	12	0	150	3560	39	0	0	-	69	Egg, Milk, Soy, Wheat
7 piece Buffalo Chicken Tenders	7 tenders (798g)	2080		136	24	0	250	4730	129	0	0	-	85	Egg, Milk, Soy, Wheat
3 piece Chicken Wing	3 wings (166g)	390		13	2.5	0	0	1000	7	0	0	-	24	Soy, Wheat



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FRIED ITEMS															
5 piece Chicken Wing	5 wings (276g)	650	190	21	4	0	0	1670	12	0	0	-	39	Soy, Wheat	
7 piece Chicken Wing	7 wings (387g)	910		30	5	0	0	2340	17	0	0	-	44	Soy, Wheat	
Chicken Tender Biscuit with Cheese	1 Chicken Tender Biscuit with Cheese (174g)	480	260	32	5	0	45	1580	37	0	2g	-	20	Egg, Milk, Soy, Wheat	
French Toast Sticks w/ Syrup	3 French Toast Sticks and 1 syrup (105g)	330		9	1.5	0	0	210	56	0	20g	15g	4	Eggs, Milk, Soy, Wheat	
Potato Wedges	8 oz. portion of Potato Wedges (264g)	670		51	8	0	0	990	53	0	0g	0g	5	Wheat, Soy	
Chicken Tender Taco	1 Chicken Tender Taco (173g)	570	360	35	10	0	80	1840	43	1	8g	4g	18	Egg, Milk, Soy, Wheat	
Buffalo Chicken Tender Biscuit	1 Buffalo chicken Tender Biscuit (187g)	580	340	39	5	0	40	1540	37	0	2g	0g	20	Milk, Soy, Wheat	
Chicken Bacon & Cheese Sandwich	1 Chicken Bacon and Cheese Sandwich (287g)	760	400	43	10	0	90	2170	55	0	8g	2g	38	Egg, Milk, Soy, Wheat	

BAKERY ITEMS/PASTRIES

Cinnamon Roll with Cream Cheese Icing	1 Roll (85g)	660		38	9	0.5	55	740	74	1	38	20	7	Wheat, Milk, Egg, Soy
Iced Pumpkin Spice Muffin	1 Muffin (142g)	540		28	7	0	80	460	66	1	38	36	6	Wheat, Milk, Egg, Soy, Tree Nuts
Old Fashioned Donut	1 Donut (94g)	390		19	10	0	10	350	52	1	29	27	3	Wheat, Milk, Egg, Soy
Glazed Yeast Donut	1 Donut (71g)	270		14	7	0	0	290	33	1	10	10	4	Wheat, Milk, Egg, Soy
Chocolate Iced Glazed Yeast Donut	1 Donut (85g)	320		14	10	0	0	290	44	1	21	21	4	Wheat, Milk, Egg, Soy
Lemon Muffin	1 Muffin (142g)	570		31	8	0	85	470	68	1	41	39	5	Egg, Milk, Soy, Wheat
Apple Fritter	1 Fritter (128)	430		19	9	0	0	350	59	2	26	24	5	Wheat, Milk, Egg, Soy
White Iced Raspberry Filled Donut	1 Donut (94g)	200		8	3	0	0	190	29	0	13	22	2	Wheat, Milk, Egg, Soy
Blueberry Muffin	1 Muffin (42g)	490		26	5	0	105	450	61	1	36	35	6	Wheat, Milk, Egg, Soy, Coconut, Peanut, Walnut, Pecan

SWIRL WORLD

Non-fat Cheesecake	2/3 cup (105g)	130		0	0	0	0	135	30	0	23	17	2	Milk, Peanuts, Tree Nuts, Soy, Eggs
Cookies and Cream	2/3 cup (105g)	150		3.5	2	0	10	110	26	0	21	13	4	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs
Old Fashioned Peanut Butter	2/3 cup (105g)	170		7	2.5	0	10	180	23	0	16	12	4	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs
Strawberry Sensations	2/3 cup (105g)	140		3	1.5	0	10	85	25	0	22	14	3	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs
Valencia Orange Sorbet	2/3 cup (105g)	100		0	0	0	0	0	26	0	22	22	0	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs
Birthday Cake	2/3 cup (105g)	120		0	0	0	0	90	27	0	20	12	2	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs



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SWIRL WORLD														
Chocolate Gelato	2/3 cup (105g)	170		8	5	0	25	95	22	0	18	12	3	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs
Vanilla Gelato	2/3 cup (105g)	170		8	5	0	25	110	22	0	18	11	3	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs
Mint Chocolate Chip	2/3 cup (105g)	120		.5	5	0	25	90	27	0	20	14	3	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs
Frosted Sugar Cookie	2/3 cup (105g)	140		3	2	0	10	80	26	0	21	13	3	Milk, Wheat, Soy, Peanuts, Tree Nuts, Eggs

COLD FOUNTAIN

Coke	20oz (540g)	270	0	0	0	0	0	65	67	0	67	67	0	
Coke	30 oz (850g)	405	0	0	0	0	0	97.5	100.5	0	100.5	100.5	0	
Coke	40 oz (1134g)	540	0	0	0	0	0	130	134	0	134	134	0	
Dr. Pepper	20oz (540g)	210	0	0	0	0	0	60	52	0	63	63	0	
Dr. Pepper	30 oz (850g)	315	0	0	0	0	0	90	78	0	94.5	94.5	0	
Dr. Pepper	40 oz (1134g)	420	0	0	0	0	0	120	104	0	126	126	0	
Pepsi	20oz (540g)	220	0	0	0	0	0	40	55	0	55	55	0	
Pepsi	30 oz (850g)	330	0	0	0	0	0	60	82.5	0	82.5	82.5	0	
Pepsi	40 oz (1134g)	440	0	0	0	0	0	80	110	0	110	110	0	
Mountain Dew	20oz (540g)	180	0	0	0	0	0	50	44	0	44	44	0	
Mountain Dew	30 oz (850g)	270	0	0	0	0	0	75	64	0	64	64	0	
Mountain Dew	40 oz (1134g)	360	0	0	0	0	0	100	88	0	88	88	0	
Sprite	20oz (540g)	190	0	0	0	0	0	115	46	0	46	46	0	
Sprite	30 oz (850g)	285	0	0	0	0	0	172.5	69	0	69	69	0	
Sprite	40 oz (1134g)	380	0	0	0	0	0	230	92	0	92	92	0	
Hawaiian Fruit Punch	20oz (540g)	240	0	0	0	0	0	92	60	0	59	59	0	
Hawaiian Fruit Punch	30 oz (850g)	360	0	0	0	0	0	138	90	0	88	88	0	
Hawaiian Fruit Punch	40 oz (1134g)	480	0	0	0	0	0	184	120	0	117	117	0	
Diet Mountain Dew	20oz (540g)	0	0	0	0	0	0	55	<0.5	0	0	0	0	
Diet Mountain Dew	30 oz (850g)	0	0	0	0	0	0	82.5	<1.0	0	0	0	0	
Diet Mountain Dew	40 oz (1134g)	0	0	0	0	0	0	110	1	0	0	0	0	
Diet Coke	20oz (540g)	0	0	0	0	0	0	80	0	0	0	0	0	
Diet Coke	30 oz (850g)	0	0	0	0	0	0	120	0	0	0	0	0	
Diet Coke	40 oz (1134g)	0	0	0	0	0	0	160	0	0	0	0	0	
Diet Pepsi	20oz (540g)	0	0	0	0	0	0	73	0	0	0	0	0	
Diet Pepsi	30 oz (850g)	0	0	0	0	0	0	109	0	0	0	0	0	
Diet Pepsi	40 oz (1134g)	0	0	0	0	0	0	146	0	0	0	0	0	
Big Red Fountain	20oz (540g)	230	0	0	0	0	0	60	57	0	56	56	0	



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COLD FOUNTAIN														
Big Red Fountain	30 oz (850g)	345	0	0	0	0	0	90	86	0	84	84	0	
Big Red Fountain	40 oz (1134g)	460	0	0	0	0	0	120	114	0	112	112	0	
Fanta Strawberry	20oz (540g)	210	0	0	0	0	0	140	54	0	53	53	0	
Fanta Strawberry	30 oz (850g)	315	0	0	0	0	0	210	81	0	79.5	79.5	0	
Fanta Strawberry	40 oz (1134g)	420	0	0	0	0	0	280	108	0	106	106	0	
Fanta Orange	20oz (540g)	200	0	0	0	0	0	35	50	0	66	66	0	
Fanta Orange	30 oz (850g)	300	0	0	0	0	0	52.5	75	0	99	99	0	
Fanta Orange	40 oz (1134g)	400	0	0	0	0	0	70	100	0	132	132	0	
Cherry Coke Vanilla	20oz (540g)	260	0	0	0	0	0	65	65	0	65	65	0	
Cherry Coke Vanilla	30 oz (850g)	390	0	0	0	0	0	97.5	97.5	0	97.5	97.5	0	
Cherry Coke Vanilla	40 oz (1134g)	520	0	0	0	0	0	130	130	0	130	130	0	
Coke Zero	20oz (540g)	0	0	0	0	0	0	65	0	0	0	0	0	
Coke Zero	30 oz (850g)	0	0	0	0	0	0	97.5	0	0	0	0	0	
Coke Zero	40 oz (1134g)	0	0	0	0	0	0	130	0	0	0	0	0	
Diet Dr Pepper	20oz (540g)	0	0	0	0	0	0	93	0	0	0	0	0	
Diet Dr Pepper	30 oz (850g)	0	0	0	0	0	0	140	0	0	0	0	0	
Diet Dr Pepper	40 oz (1134g)	0	0	0	0	0	0	186	0	0	0	0	0	
Canada Dry Ginger Ale	20oz (540g)	190	0	0	0	0	0	67	48	0	48	48	0	
Canada Dry Ginger Ale	30 oz (850g)	285	0	0	0	0	0	100	72	0	72	72	0	
Canada Dry Ginger Ale	40 oz (1134g)	380	0	0	0	0	0	134	96	0	96	96	0	
Barq's Root Beer	20oz (540g)	270	0	0	0	0	0	115	67	0	67	67	0	
Barq's Root Beer	30 oz (850g)	405	0	0	0	0	0	172.5	100.5	0	100.5	100.5	0	
Barq's Root Beer	40 oz (1134g)	540	0	0	0	0	0	230	134	0	134	134	0	
Caffeine Free Diet Coke	20oz (540g)	0	0	0	0	0	0	80	0	0	0	0	0	
Caffeine Free Diet Coke	30 oz (850g)	0	0	0	0	0	0	120	0	0	0	0	0	
Caffeine Free Diet Coke	40 oz (1134g)	0	0	0	0	0	0	160	0	0	0	0	0	
Vitamin Water Revive	20oz (540g)	130	0	0	0	0	0	65	32	0	31	31	0	
Vitamin Water Revive	30 oz (850g)	195	0	0	0	0	0	97.5	48	0	46.5	46.5	0	
Vitamin Water Revive	40 oz (1134g)	260	0	0	0	0	0	130	64	0	62	62	0	
Vitamin Water XXX	20oz (540g)	130	0	0	0	0	0	60	32	0	31	31	0	
Vitamin Water XXX	30 oz (850g)	195	0	0	0	0	0	90	48	0	32.5	46.5	0	
Vitamin Water XXX	40 oz (1134g)	260	0	0	0	0	0	120	64	0	62	62	0	
Vitamin Water Squeeze Zero	20oz (540g)	0	0	0	0	0	0	65	0	0	0	0	0	
Vitamin Water Squeeze Zero	30 oz (850g)	0	0	0	0	0	0	97.5	0	0	0	0	0	
Vitamin Water Squeeze Zero	40 oz (1134g)	0	0	0	0	0	0	130	0	0	0	0	0	



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COLD FOUNTAIN														
Minute Maid Lemonade	20oz (540g)	240	0	0	0	0	0	160	60	0	57	57	0	
Minute Maid Lemonade	30 oz (850g)	360	0	0	0	0	0	240	90	0	85.5	85.5	0	
Minute Maid Lemonade	40 oz (1134g)	480	0	0	0	0	0	320	120	0	114	114	0	
Powerade Mountain Berry	20oz (540g)	150	0	0	0	0	0	90	37	0	36	36	0	
Powerade Mountain Berry	30 oz (850g)	225	0	0	0	0	0	135	55.5	0	54	54	0	
Powerade Mountain Berry	40 oz (1134g)	300	0	0	0	0	0	180	74	0	72	72	0	
Mountain Dew Kick Start	20oz (540g)	110	0	0	0	0	0	87.5	27.5	0	25	25	0	
Mountain Dew Kick Start	30 oz (850g)	165	0	0	0	0	0	130	41.25	0	37.5	37.5	0	
Mountain Dew Kick Start	40 oz (1134g)	220	0	0	0	0	0	175	55	0	50	50	0	
Gatorade Lemon Lime	20oz (540g)	150	0	0	0	0	0	267	37	0	35	35	0	
Gatorade Lemon Lime	30 oz (850g)	225	0	0	0	0	0	400.5	55.5	0	52.5	52.5	0	
Gatorade Lemon Lime	40 oz (1134g)	300	0	0	0	0	0	534	74	0	70	70	0	
Powerade Fruit Punch	20oz (540g)	140	0	0	0	0	0	190	36	0	36	36	0	
Powerade Fruit Punch	30 oz (850g)	210	0	0	0	0	0	285	54	0	54	54	0	
Powerade Fruit Punch	40 oz (1134g)	280	0	0	0	0	0	380	72	0	72	72	0	
Sprite Lymonade	20oz (540g)	210	0	0	0	0	0	150	51	0	51	51	0	
Sprite Lymonade	30 oz (850g)	315	0	0	0	0	0	225	76.5	0	76.5	76.5	0	
Sprite Lymonade	40 oz (1134g)	420	0	0	0	0	0	300	102	0	102	102	0	
Cherry Coke	20oz (540g)	280	0	0	0	0	0	70	70	0	70	70	0	
Cherry Coke	30 oz (850g)	420	0	0	0	0	0	105	105	0	105	105	0	
Cherry Coke	40 oz (1134g)	560	0	0	0	0	0	140	140	0	140	140	0	
Minute Maid Strawberry Lemonade	20oz (540g)	190	0	0	0	0	0	75	49	0	48	48	0	
Minute Maid Strawberry Lemonade	30 oz (850g)	285	0	0	0	0	0	112.5	73.5	0	72	72	0	
Minute Maid Strawberry Lemonade	40 oz (1134g)	380	0	0	0	0	0	150	98	0	96	96	0	
Barrilitos Frescas Mango Lime	20oz (540g)	170	0	0	0	0	0	85	42	0	40	40	0	
Barrilitos Frescas Mango Lime	30 oz (850g)	255	0	0	0	0	0	127.5	63	0	60	60	0	
Barrilitos Frescas Mango Lime	40 oz (1134g)	340	0	0	0	0	0	170	84	0	80	80	0	
Dr. Pepper Cream Soda	20oz (540g)	270	0	0	0	0	0	75	67	0	65	65	0	

CAPPUCCINO

Sugar Free French Vanilla	16 oz (60g)	310	17	16	0	0	0	114	40	0	0	0		
Sugar Free French Vanilla	20 oz (72g)	388	22	20	0	0	0	142	50	0	0	0		



NUTRITION FACTS

Menu Item	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbo-hydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Proteins	Allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy
CAPPUCCINO														
French Vanilla	16 oz (60g)	240	2	1.5	0	0	0	187	57	0	45	34	1.5	
French Vanilla	20 oz (72g)	300	2.5	2	0	0	0	234	71	0	56	43	1.5	
French Vanilla	24 oz (84g)	360	3	2	0	0	0	280	85	0	68	52	2	
S'Mores Hot Chocolate	16 oz (60g)	240	2	2	0	0	0	167	55	0	36	28	1.5	
S'Mores Hot Chocolate	20 oz (72g)	300	2.5	2.5	0	0	0	208	68	0	45	35	1.5	
S'Mores Hot Chocolate	24 oz (84g)	360	3	3	0	0	0	250	82	0	54	42	2	
Cinnabon	16 oz (60g)	240	2	2	0	0	0	227	56	0	41	29		
Cinnabon	20 oz (72g)	300	2.5	2.5	0	0	0	283	70	0	52	37		
Cinnabon	24 oz (84g)	360	3	3	0	0	0	340	84	0	62	44		
Hershey's Hot Chocolate	16 oz (60g)	240	1.5	1.5	0	0	0	360	56	0	49	41		
Hershey's Hot Chocolate	20 oz (72g)	300	2	2	0	0	0	450	70	0	62	52		
Hershey's Hot Chocolate	24 oz (84g)	360	2	2	0	0	0	540	84	0	74	62		

COFFEE														
Regular Coffee	16 oz (60g)	0	0	0	0	0	10	0	0	0	0	0		
Regular Coffee	20 oz (72g)	0	0	0	0	0	12	0	0	0	0	0		
Regular Coffee	24 oz (84g)	0	0	0	0	0	15	0	0	0	0	0		
Columbian	16 oz (60g)	0	0	0	0	0	10	0	0	0	0	0		
Columbian	20 oz (72g)	0	0	0	0	0	12	0	0	0	0	0		
Columbian	24 oz (84g)	0	0	0	0	0	15	0	0	0	0	0		
Hazelnut	16 oz (60g)	0	0	0	0	0	10	0	0	0	0	1		
Hazelnut	20 oz (72g)	0	0	0	0	0	12	0	0	0	0	1		
Hazelnut	24 oz (84g)	0	0	0	0	0	15	0	0	0	0	1		
Guatamalen	16 oz (60g)	0	0	0	0	0	10	0	0	0	0	0		
Guatamalen	20 oz (72g)	0	0	0	0	0	12	0	0	0	0	0		
Guatamalen	24 oz (84g)	0	0	0	0	0	15	0	0	0	0	0		
Decaf Coffee	16 oz (60g)	0	0	0	0	0	10	0	0	0	0	0		
Decaf Coffee	20 oz (72g)	0	0	0	0	0	12	0	0	0	0	0		
Decaf Coffee	24 oz (84g)	0	0	0	0	0	15	0	0	0	0	0		
Dark Roast	16 oz (60g)	0	0	0	0	0	10	0	0	0	0	0		
Dark Roast	20 oz (72g)	0	0	0	0	0	12	0	0	0	0	0		
Dark Roast	24 oz (84g)	0	0	0	0	0	15	0	0	0	0	0		



NUTRITION FACTS

Menu Item	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbo-hydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Proteins	Allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy
Fanta Blue Raspberry FCB	20oz (540g)	170	0	0	0	0	0	75	43	0	43	43		
Fanta Blue Raspberry FCB	30 oz (850g)	255	0	0	0	0	0	112.5	64.5	0	64.5	64.5		
Fanta Blue Raspberry FCB	40 oz (1134g)	340	0	0	0	0	0	150	86	0	86	86		
Fanta Wild Cherry FCB	20oz (540g)	170	0	0	0	0	0	80	43	0	43	43		
Fanta Wild Cherry FCB	30 oz (850g)	255	0	0	0	0	0	120	64.5	0	64.5	64.5		
Fanta Wild Cherry FCB	40 oz (1134g)	340	0	0	0	0	0	160	86	0	86	86		
Fanta Orange FCB	20oz (540g)	175	0	0	0	0	0	65	44	0	44	44		
Fanta Orange FCB	30 oz (850g)	263	0	0	0	0	0	97.5	66	0	66	66		
Fanta Orange FCB	40 oz (1134g)	350	0	0	0	0	0	130	88	0	88	88		
Mountain Dew FCB	20oz (540g)	120	0	0	0	0	0	32	30	0	28	28		
Mountain Dew FCB	30 oz (850g)	180	0	0	0	0	0	48	45	0	42	42		
Mountain Dew FCB	40 oz (1134g)	240	0	0	0	0	0	64	60	0	56	56		
Dr Pepper FCB	20oz (540g)	185	0	0	0	0	0	42	47	0	45	45		
Dr Pepper FCB	30 oz (850g)	278	0	0	0	0	0	63	70.5	0	67.5	67.5		
Dr Pepper FCB	40 oz (1134g)	370	0	0	0	0	0	84	94	0	90	90		
Coke FCB	20oz (540g)	175	0	0	0	0	0	65	44	0	44	44		
Coke FCB	30 oz (850g)	263	0	0	0	0	0	97.5	66	0	66	66		
Coke FCB	40 oz (1134g)	350	0	0	0	0	0	130	88	0	88	88		
Sprite FCB	20oz (540g)	155	0	0	0	0	0	100	39	0	38	38		
Sprite FCB	30 oz (850g)	233	0	0	0	0	0	150	58.5	0	57	57		
Sprite FCB	40 oz (1134g)	310	0	0	0	0	0	200	78	0	76	76		
Hawaiian Punch FCB	20oz (540g)	175	0	0	0	0	0	50	42	0	42	42		
Hawaiian Punch FCB	30 oz (850g)	263	0	0	0	0	0	75	63	0	63	63		
Hawaiian Punch FCB	40 oz (1134g)	350	0	0	0	0	0	100	84	0	84	84		

FUB

Strawberry Banana	20oz (540g)	300	0	0	0	0	0	17	74	0	74	74		
Strawberry Banana	30 oz (850g)	450	0	0	0	0	0	25	111	0	111	111		
Strawberry Banana	40 oz (1134g)	600	0	0	0	0	0	34	148	0	148	148		
Jarritos Pineapple	20oz (540g)	290	0	0	0	0	0	9	74	0	72	72		
Jarritos Pineapple	30 oz (850g)	435	0	0	0	0	0	13.5	111	0	108	108		
Jarritos Pineapple	40 oz (1134g)	580	0	0	0	0	0	18	148	0	144	144		
Mango	20oz (540g)	284	0	0	0	0	0	17	70	0	70	70		
Mango	30 oz (850g)	426	0	0	0	0	0	25	105	0	105	105		
Mango	40 oz (1134g)	568	0	0	0	0	0	34	140	0	140	140		



NUTRITION FACTS

Menu Item	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbo-hydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Proteins	Allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy
FUB														
Strawberry	20oz (540g)	290	0	0	0	0	0	9	74	0	72	72		
Strawberry	30 oz (850g)	435	0	0	0	0	0	13.5	111	0	108	108		
Strawberry	40 oz (1134g)	580	0	0	0	0	0	18	148	0	144	144		
Minute Maid Lemonade	20oz (540g)	240	0	0	0	0	0	160	60	0	57	57		
Minute Maid Lemonade	30 oz (850g)	360	0	0	0	0	0	240	90	0	85.5	85.5		
Minute Maid Lemonade	40 oz (1134g)	480	0	0	0	0	0	320	120	0	114	114		
Minute Maid Strawberry Lemonade	20oz (540g)	250	0	0	0	0	0	75	65	0	64	64		
Minute Maid Strawberry Lemonade	30 oz (850g)	375	0	0	0	0	0	112.5	97.5	0	96	96		
Minute Maid Strawberry Lemonade	40 oz (1134g)	500	0	0	0	0	0	150	130	0	128	128		
Powerade Mountain Berry	20oz (540g)	150	0	0	0	0	0	90	37	0	36	36		
Powerade Mountain Berry	30 oz (850g)	225	0	0	0	0	0	135	55.5	0	54	54		
Powerade Mountain Berry	40 oz (1134g)	300	0	0	0	0	0	180	74	0	72	72		
Powerade Fruit Punch	20oz (540g)	140	0	0	0	0	0	190	36	0	36	36		
Powerade Fruit Punch	30 oz (850g)	210	0	0	0	0	0	285	54	0	54	54		